

Public Service Announcement

For immediate release: September 9, 2020

Updated Recommendations Regarding Close Contacts of Symptomatic Individuals

NORTH BAY, ON – When someone with symptoms is tested for COVID-19, or are isolating for 14 days, self-identified close contacts do not have to self-isolate. Individuals who self-identify as a close contact of someone showing symptoms are to self-monitor for symptoms of COVID-19. Self-monitoring includes completing the COVID-19 daily screening tool and watching for any symptoms of COVID-19. If you develop any symptoms of COVID-19, self-isolate immediately and get tested. Individuals who have been in close contact with a confirmed positive case are reminded to follow the instructions of public health.

For more information please visit myhealthunit.ca/COVID-19.

-30-

Media Inquiries:

Alex McDermid, Public Relations Specialist

P: 705-474-1400, ext. 5221 or 1-800-563-2808

E: communications@healthunit.ca